

OWNING AND GROWING YOUR CAREER

A BALANCING ACT

ABOUT US



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- Obligation to the safety, health and welfare of the public
- Protection of PE license
- Continuing education & resources:
 - o On demand learning
 - o Live webinar series
 - o Daily emails
 - Quarterly magazines
 - NSPECon Raleigh, NC (Aug. 7-9)
 - o Emerging Leaders Program



EMERGING LEADERS PROGRAM

- 6 to 7 months
- 20 applicants across the country
- Discussion topics:
 - o Leadership
 - o Team Development
 - Fight or Flight
 - Difficult Conversations



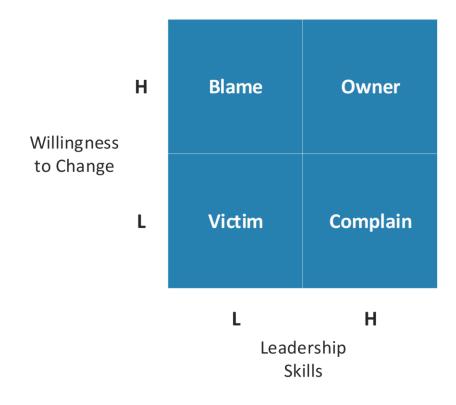
LEADERSHIP MODEL

- Inner Circle Characteristics
 - Credibility
 - o Insight
 - o Passion
- Outer Circle Organizational skills
 - Inspire vision
 - o Create Change
 - o Develop People
 - o Drive Execution





RESPONSE TO CHANGE OR GROWTH



THE IMPORTANCE OF TAKING OWNERSHIP

- Provides a constant source of motivation for your work
- Ensures you align your projects or job duties with company goals
- Helps you foster positive workplace relationships
- Encourages career growth





WORK-LIFE BALANCE... ISAFARCE.

Glass Balls vs. Rubber Balls

- What's the long-term impact?
- Who else is impacted?
- What's the upside?
- What happens if this drops?
- Should I be juggling this ball?



ENERGY OUR MOST PRECIOUS RESOURCE

Managing energy, not time, is the key to high performance and personal renewal

The Power of Full Engagement

By Jim Loehr and Tony Schwartz





ENERGY SOURCES

- Physical
 - Sleep, exercise, diet
- Emotional
 - Recognizing and exercising your emotions
- Mental
 - Appropriate focus and realistic optimism
- Spiritual
 - Purpose and values

THE POWER OF YES, NO, AND "IS THERE ANYTHING ELSE I CAN DO TO HELP?"

- "If someone offers you an amazing opportunity to do something and you're not sure you can do it, say yes. Then learn how to do it later."
- "You have to decide what your highest priorities are and have the courage pleasantly, smiling, and non-apologetically- to say no to other things. And the way that is by having a bigger yes burning inside."
- "The harder I work, the luckier I get."

Opportunities should be like a scatter plot with a strong linear correlation.



WOMEN'S LEADERSHIP PROGRAM

Leadership Institute Topics

- What does it mean to be authentic?
- Leading confidently and authentically
- Charting your career pathway
- Leveraging multiple relationships to advance your career
- Building trust and positive team culture
- What got you here won't get you there
- Negotiating & advocating
- Reflection and goal setting



TAKE OWNERSHIP



Emerging Leaders Program



2025 EMERGING LEADERS PROGRAM APPLICATIONS DEADLINE: AUGUST 30TH



HTTPS://WWW.NSPE.ORG/RESOURCES/ EMERGING-LEADERS-PROGRAM



Women's Leadership Program



WOMEN'S LEADERSHIP INSTITUTE DATES: <u>AUGUST 7-9</u>
REGISTRATION IS OPEN
EARLY-BIRD DEADLINE: <u>JUNE 27</u>



HTTPS://WWW.NSPECON.ORG/ WOMENS-LEADERSHIP-PROGRAM/

